

Jacob King

Jacob, a native of Northern Virginia, joined TGEA as a group facilitator at the beginning of 2024. He is passionate about connecting individuals with common experiences, fostering a sense of community, and reducing feelings of isolation and shame.

Jacob has interest in the mind-body connection and somatic healing, as well as Eastern healing practices. He aims to one day incorporate these techniques to support personal growth and healing, particularly for those in substance abuse recovery and within the LGBTQ community.

In his downtime, Jacob enjoys songwriting, spending time near water, practicing tai chi, and walking his cat.